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# **Daylight Savings Time Information**



- Did you know the current daylight saving period was established with the Energy Policy Act of 2005, which went into effect in 2007? As a result, most Americans now spring forward (turn clocks ahead and lose an hour) on the second Sunday in March (at 2:00 A.M.) and fall back (turn clocks back and gain an hour) on the first Sunday in November (at 2:00 A.M.).
- (b) The exceptions to Daylight Savings Time are Arizona, Hawaii, Puerto Rico, the Virgin Islands, and American Samoa.
- (b) As Daylight Saving Time ends Sunday, November 3, 2019, most Americans will join snoozers across more than 60 of the nations in savoring the gift of one extra hour of sleep.
- [6] It's that time of year again! As fall comes upon us it begins getting darker earlier in the day. Wallingford Electric employees work hard to keep the streets well-lit especially with Halloween approaching. At Wallingford Electric Division, we take pride in providing safe reliable electric service, and that includes keeping the street lights on. Please call the Electric Division at 203-294-2273 to report any street lights issues.

## Thanksgiving Turkey Trivia

- Mature turkeys have approximately 3,500 feathers (I wonder who took the time to count them?)
- Americans will cook 45 million turkeys on Thanksgiving Day!!
- Over 770 million pounds of cranberries are consumed on Thanksgiving!!
- In 1947 the first presidential pardon was ceremoniously given to a turkey!
- Turkey contains an amino acid "tryptophan". Tryptophan sets off a chemical chain reaction that calms you down and makes you sleepy.
- The "wishbone" is a tradition of Thanksgiving. Allow the wishbone to dry, then 2 people grasp each end of the wishbone making a silent wish and then pull it away. Whoever gets the joint portion, gets their wish!

### A Guide to Recycling

Connecticut now has a universal list of what belongs in your recycling bin and what doesn't. All items should be empty, rinsed, clean and open. Do not shred, box, bag or bundle. To learn more, go to

#### What's ?

#### What's OUT?

Cardboard & boxboard Food & beverage cartons Junk mail Magazines & newspaper inserts Office paper

Pizza boxes

Beverage bottles & jars Food bottles & jars

Aerosol containers (food grade only) Aluminum foil Cans & bottles Foil containers Metal lids from cans & bottles

Plastic bottles (with or without caps attached) Plastic containers, tubs & lids Plastic one-use cups (no lids, no straws)

Gift wrap & gift bags Ice cream containers Paper cups (hot & cold) Shredded paper Take-out food containers Tissue paper

Ceramic mugs & plates Drinking glasses

Aerosol containers (deodorizers, cleaners, pesticides, etc.) Foil tops from yogurt containers Paint cans Pots & pans Small pieces of scrap metal Spiral wound containers

Loose bottle caps Plastic bags & wrap Plastic plates, bowls & utensils Prescription bottles Single-use coffee containers Styrofoam cups, containers